

Living Foods Practical Workshop – Part II

with Dr. Jane Jamieson (www.enabling-health.com)



Learn the health secret that everyone ignores. Save on your food bill and still eat healthily. Food for life. Your way to better health and safe weight management.

LIVING FOODS ARE THE MOST NUTRITIOUS AND BENEFICIAL FOODS

"15 lbs of wheatgrass is equivalent to 350 lbs of the choicest vegetables"

This is a "hands-on" course giving you the opportunity to try different foods and take home lots of ideas on how to introduce living foods into your daily life. Come and learn one of the most powerful rejuvenating tools and experience why:

"Living foods for living bodies, dead foods for dead bodies"

Please contact Jane Jamieson for further details and booking, places are limited.
ALL WELCOME.

Tel: 0131 669 7533, jane@enabling-health.com

Date: Sunday 27th May 2007

Venue: "Salisbury Centre", 2 Salisbury Road, Edinburgh, EH16 5AB
Tel: 0131 667 5438, www.salisburycentre.org

Time: 1.30 pm – 5.30 pm

Cost: £45 (£35)

Living Food Class - Part II – Booking Form

Please complete the form and send it with payment to the address below. Please make cheques payable to **Salisbury Centre**.

Name	
Address	
Tel. No.	
Class	"Salisbury Centre", 2 Salisbury Road, Edinburgh, EH16 5AB. 0131 667 5438, www.salisburycentre.org
Dates	Sunday, 27 th May 07; 1.30 pm – 5.30 pm
Price	£ 45 (Concessions £35)

Return form to **"Salisbury Centre", 2 Salisbury Road, Edinburgh, EH16 5AB.**

In case of queries, Jane Jamieson can be contacted on 0131 669 7533 or jane@enabling-health.com